

Low Rolling Resistance, Optimal Grip: How Continental Tires Reduce Environmental Impact



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Continental continues to reduce rolling resistance in each new generation of passenger car and van tires

- Lower rolling resistance means reduced energy consumption and CO₂ emissions – for more environmentally friendly mobility

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said Dr Christian Strübel, Continental expert for rolling resistance in passenger-car tires

Hanover, Germany, December 11, 2025. Continental aims to minimize rolling resistance while maximizing grip under all driving conditions. Rolling resistance and grip have a major impact on energy consumption and safety both for tires and the vehicle as a whole. Growing public concern about environmental issues, rising fuel prices and the steadily increasing adoption of electric mobility mean that rolling resistance will remain a critical factor in the future of transportation. For combustion-engine vehicles, tires account for 20 to 30 percent of fuel consumption. For electric vehicles, lower rolling resistance significantly reduces energy use and increases range.

Reducing rolling resistance is one of our key development goals. The less energy a vehicle needs to move, the further it can travel – saving customers money and benefiting the environment,” said Dr Christian Strübel, Continental expert for rolling resistance in passenger-car tires. “This applies to both combustion and electric vehicles. Our aim is to optimize rolling

resistance, striking the ideal balance between efficiency and safety.

But physics does not make this task easy: rolling resistance, which is the force that arises from deformation and friction as the tire rolls, costs energy. At the same time, friction between the tread and the road provides grip, which is essential for safe braking and handling. Grip is a critical safety factor, especially since each tire's contact area is only about the size of a postcard. Reducing rolling resistance without sacrificing grip is one of the greatest challenges in tire engineering. Continental is tackling this with advanced materials, innovative rubber compounds and optimized tread designs.

Over the past decade, Continental has been able to reduce rolling resistance in its passenger-car tire portfolio by an average of 15 percent. The latest examples are the EcoContact 7 and EcoContact 7 S, introduced in spring 2025 – both carrying the EU “A” label for top fuel efficiency and low rolling resistance.

Rolling resistance is key to sustainable mobility

The transport sector is one of the largest contributors to greenhouse-gas emissions worldwide. According to Eurostat, CO2 emissions from road traffic in the EU alone rose by 24 percent between 1990 and 2022. Globally, transportation ranks second in emissions. Reducing these emissions is vital to combating climate change. Lower rolling resistance reduces the amount of energy vehicles need, which in turn makes mobility more sustainable. Policymakers recognize this: the EU introduced a new tire labeling system in 2009, updated in 2021, to provide transparency and promote environmentally friendly tires.

Similar regulations or voluntary standards now exist in other countries, such as China. The principle is simple: lower rolling resistance means lower energy consumption – and a better rating. A prime example is Continental’s new VanContact A/S Eco, which has the highest EU label rating for rolling resistance, wet braking and external noise (A/A/A). Designed for evolving commercial-vehicle needs, it offers electric vehicle compatibility, resource efficiency and optimized fleet performance.

Why rolling resistance matters for original equipment manufacturers

Tires with low rolling resistance reduce energy consumption for both combustion and electric vehicles – boosting their range. This is a key

criterion for automakers when selecting original-equipment tires. Today, 18 of the 20 highest-volume manufacturers of electric vehicles equip their vehicles with Continental tires as standard.

Watch our short film to learn why rolling resistance matters.

Technology, Innovation & Original Equipment

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